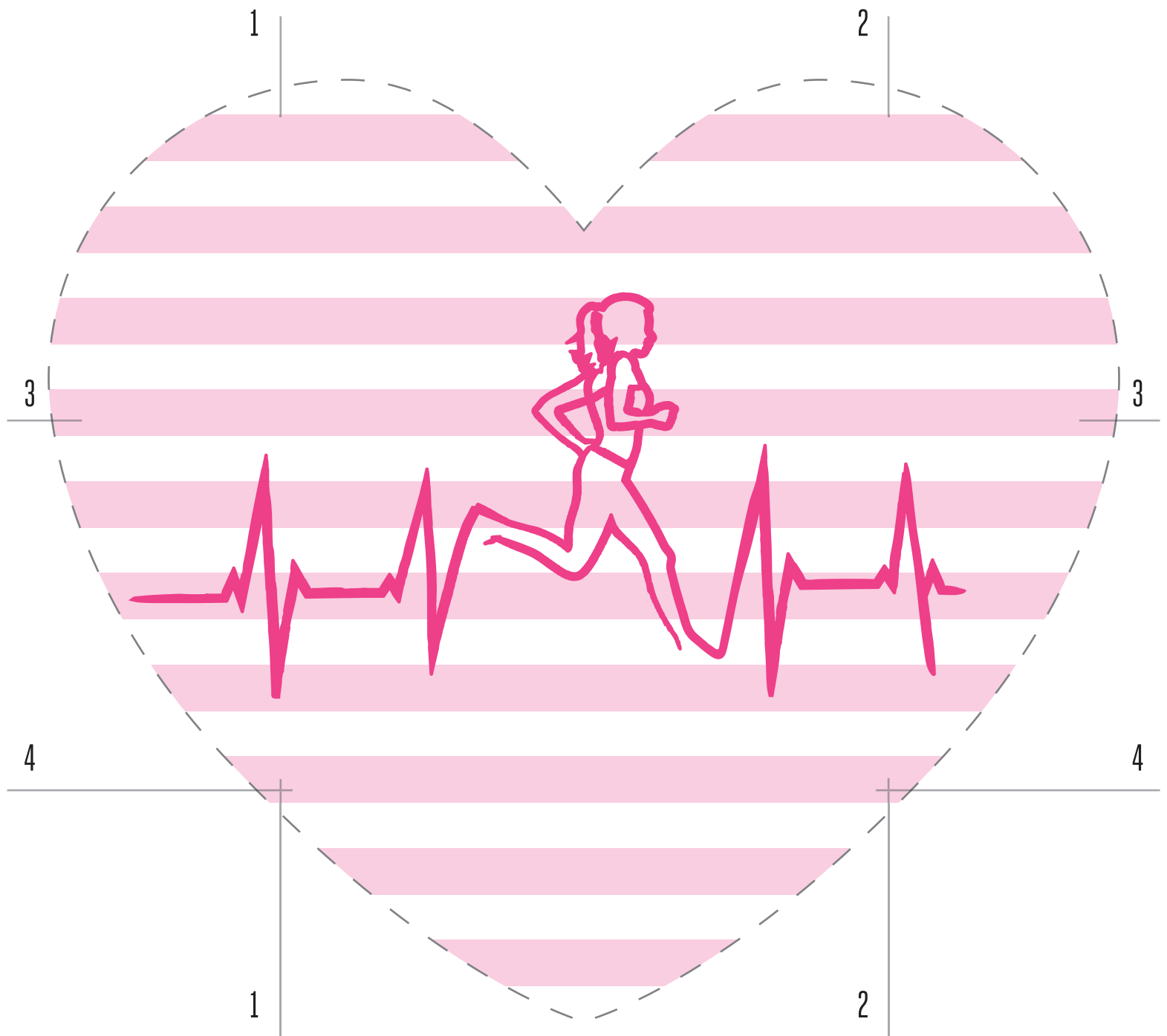


———— FOLD LINES  
- - - - CUT LINES



Supplies: scissors, stickers/tape

Step 1: Flip paper over so the blank side is facing you.

Step 2: Fold the right side over and crease at the # 1 fold line. Do the same for the left side and crease at the # 2 fold line.

Step 3: Fold the top down at the # 3 fold line. Do the same for bottom and crease at the # 4 fold line.

Step 4: Open heart, and cut along the dotted line.

To: \_\_\_\_\_

From: \_\_\_\_\_

**ARE  
YOUR  
LEGS  
SORE?**

*Cause you've been* **RUNNING MIND**  
THROUGH MY *all day.*

To: \_\_\_\_\_

From: \_\_\_\_\_

**ARE  
YOUR  
LEGS  
SORE?**

*Cause you've been* **RUNNING MIND**  
THROUGH MY *all day.*

To: \_\_\_\_\_

From: \_\_\_\_\_

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*Cause you've been* **RUNNING MIND**  
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From: \_\_\_\_\_

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From: \_\_\_\_\_

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SORE?**

*Cause you've been* **RUNNING MIND**  
THROUGH MY *all day.*

To: \_\_\_\_\_

From: \_\_\_\_\_

**ARE  
YOUR  
LEGS  
SORE?**

*Cause you've been* **RUNNING MIND**  
THROUGH MY *all day.*

Step 5: Trim cards and insert into envelope.  
Step 6: Close flap with a sticker or tape.